

Presented By Tyngsborough **Water District**



Quality First

Once again we are pleased to present our annual water quality report. As in years past, we are committed to delivering the best-quality drinking water possible. To that end, we remain vigilant in meeting the challenges of new regulations, water conservation, and community outreach and education while continuing to serve the needs of all of our water users. Thank you for allowing us the opportunity to serve you and your family.

We encourage you to share your thoughts with us on the information contained in this report. After all, well-informed customers are our best allies.

Lead in Home Plumbing

f present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. We are responsible for providing high-quality drinking water, but we cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at www.epa.gov/lead.

Important Health Information

Some people may be more vulnerable to contaminants in drinking water than the general population. Immunocompromised persons such as those with cancer undergoing chemotherapy, those who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants may be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. The U.S. EPA/CDC (Centers for Disease Control and

Prevention) guidelines on appropriate means to lessen the risk of infection by *Cryptosporidium* and other microbial contaminants are available from the Safe Drinking Water Hotline at (800) 426-4791 or http://water.epa.gov/ drink/hotline.

Substances That Could Be in Water

To ensure that tap water is safe to drink, the Department of Environmental Protection (DEP) and the U.S. Environmental Protection Agency (U.S. EPA) prescribes regulations limiting the amount of certain contaminants in water provided by public water systems. The Food and Drug Administration (FDA) and Massachusetts Department of Public Health (DPH) regulations establish limits for contaminants in bottled water, which must provide the same protection for public health. Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of these contaminants does not necessarily indicate that the water poses a health risk.

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally-occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity. Substances that may be present in source water include:

Microbial Contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, or wildlife;

Inorganic Contaminants, such as salts and metals, which can be naturally occurring or may result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming;

Pesticides and Herbicides, which may come from a variety of sources such as agriculture, urban stormwater runoff, and residential uses;

Organic Chemical Contaminants, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and which may also come from gas stations, urban stormwater runoff, and septic systems;

Radioactive Contaminants, which can be naturally occurring or may be the result of oil and gas production and mining activities.

More information about contaminants and potential health effects can be obtained by calling the U.S. EPA's Safe Drinking Water Hotline at (800) 426-4791.

The Benefits of Fluoridation

Fluoride is a naturally occurring element in many water supplies in trace amounts. In our system, the fluoride level is adjusted to an optimal level averaging one part per million (ppm) to improve oral health in children. At this level, it is safe, odorless, colorless, and tasteless. Over 3.9 million people in 140 Massachusetts water systems and 184 million people in the U.S. receive the health and economic benefits of fluoridation.

Where Does My Water Come From?

Our water is purchased from:

• The City of Lowell's water treatment facility, which treats and filters water from the Merrimack River.



• Pennichuck Water's water treatment facility, which treats and filters water from the Merrimack River and Pennichuck Brook.

Tap vs. Bottled

Thanks in part to aggressive marketing, the bottled water industry has successfully convinced us all that water purchased in bottles is a healthier alternative to tap water. However, according to a four-year study conducted by the Natural Resources Defense Council, bottled water is not necessarily cleaner or safer than most tap water. In fact, about 25 percent of bottled water is actually just bottled tap water (40 percent, according to government estimates).

The Food and Drug Administration is responsible for regulating bottled water, but these rules allow for less rigorous testing and purity standards than those required by the U.S. EPA for community tap water. For instance, the high mineral content of some bottled waters makes them unsuitable for babies and young

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Water treatment is a complex,

time-consuming process.

children. Furthermore, the FDA completely exempts bottled water that's packaged and sold within the same state, which accounts for about 70 percent of all bottled water sold in the United States.

People spend 10,000 times more per gallon for bottled water than they typically do for tap water. If you get your recommended eight glasses a day from bottled water, you could spend up to \$1,400 annually. The same amount of tap water would cost about 49 cents. Even if you installed a filter device on your tap, your annual expenditure would be far less than what you'd pay for bottled water.

For a detailed discussion on the NRDC study results, check out their Web site at https://goo.gl/Jxb6xG.

Community Participation

You are invited to participate in our public forum and voice your concerns about your drinking water. We meet the 1st and 3rd Tuesdays of each month, beginning at 7 p.m. at our office at 87 Progress Ave., Unit Two.

What's Your Water Footprint?

You may have some understanding about your carbon footprint, but how much do you know about your water footprint? The water footprint of an individual, community, or business is defined as the total volume of fresh water that is used to produce the goods and services that are consumed by the individual or community or produced by the business. For example, 11 gallons of water are needed to irrigate and wash the fruit in one halfgallon container of orange juice. Thirty-seven gallons of water are used to grow, produce, package, and ship the beans in that morning cup of coffee. Two hundred and sixty-four gallons of water are required to produce one quart of milk, and 4,200 gallons of water are required to produce two pounds of beef.

According to the U.S. EPA, the average American uses over 180 gallons of water daily. In fact, in the developed world, one flush of a toilet uses as much water as the average person in the developing world allocates for an entire day's cooking, washing,

> cleaning, and drinking. The annual American per-capita water footprint is about 8,000 cubic feet, twice the global per-capita average. With water use increasing six-fold in the past century, our demands for freshwater are

rapidly outstripping what the planet can replenish.

To check out your own water footprint, go to http://goo.gl/QMoIXT.



For more information about this report, or for any questions relating to your drinking water, please call Dale Thompson, Tyngsborough Water District Superintendent, at (978) 649-4577.

Source Water Assessment Plan

Source Water Assessment Plan (SWAP) is available at Pennichuck Water Office. If you would like to review the Source Water Assessment Plan please feel free to call Gary Tetley at (800) 553-5191 or visit the DES Drinking Water Assessment website at http://des.nh.gov/organization/divisions/water/ dwgb/dwspp/dwsap.htm.

What Causes the Pink Stain on Bathroom Fixtures?



The reddish-pink color frequently noted in bathrooms on shower stalls, tubs, tile, toilets, sinks, toothbrush holders, and on pets' water bowls is caused by the growth of the bacterium Serratia marcesens. Serratia is commonly isolated from soil, water, plants, insects, and vertebrates (including man). The bacteria can be introduced into the house through any of the above-mentioned sources. The bathroom provides a perfect environment (moist and warm) for bacteria to thrive.

The best solution to this problem is to continually clean and dry the involved surfaces to keep them free from bacteria. Chlorine-based compounds work best, but keep in mind that abrasive cleaners may scratch fixtures, making them more susceptible to bacterial growth. Chlorine bleach can be used periodically to disinfect the toilet and help to eliminate the occurrence of the pink residue. Keeping bathtubs and sinks wiped down using a solution that contains chlorine will also help to minimize its occurrence.

Serratia will not survive in chlorinated drinking water.

What's a Cross-Connection?

Cross-connections that contaminate drinking water distribution lines are a major concern. A crossconnection is formed at any point where a drinking water line connects to equipment (boilers), systems containing chemicals (air conditioning systems, fire sprinkler systems, irrigation systems), or water sources of questionable quality. Cross-connection contamination can occur when the pressure in the equipment or system is greater than the pressure inside the drinking water line (backpressure). Contamination can also occur when the pressure in the drinking water line drops due to fairly routine occurrences (main breaks, heavy water demand), causing contaminants to be sucked out from the equipment and into the drinking water line (backsiphonage).

Outside water taps and garden hoses tend to be the most common sources of cross-connection contamination at home. The garden hose creates a hazard when submerged in a swimming pool or when attached to a chemical sprayer for weed killing. Garden hoses that are left lying on the ground may be contaminated by fertilizers, cesspools, or garden chemicals. Improperly installed valves in your toilet could also be a source of cross-connection contamination.

Community water supplies are continuously jeopardized by cross-connections unless appropriate valves, known as backflow prevention devices, are installed and maintained. We have surveyed industrial, commercial, and institutional facilities in the service area to make sure that potential cross-connections are identified and eliminated or protected by a backflow preventer. We also inspect and test backflow preventers to make sure that they provide maximum protection.

For more information on backflow prevention, contact the Safe Drinking Water Hotline at (800) 426-4791.

Test Results

Our water is monitored for many different kinds of substances on a very strict sampling schedule. The information in the data tables shows only those substances that were detected between January 1 and December 31, 2017. Remember that detecting a substance does not necessarily mean the water is unsafe to drink; our goal is to keep all detects below their respective maximum allowed levels. The state recommends monitoring for certain substances less often than once per year because the concentrations of these substances do not change frequently. In these cases, the most recent sample data are included, along with the year in which the sample was taken.

REGULATED SUBSTANCES													
					Tyngsborough Water District		Pennichuck Water		Lowell Regional Water Utility				
SUBSTANCE (UNIT OF MEASURE)	:	YEAR SAMPLED	MCL [MRDL]	MCLG [MRDLG]	AMOUNT DETECTED	RANGE LOW-HIGH	AMOUNT DETECTED	RANGE LOW-HIGH	AMOUNT DETECTED	RANGE LOW-HIGH	VIOLATION	TYPICAL SOURCE	
Barium (ppm)		2016	2	2	NA	NA	0.0108	ND-0.0108	NA	NA	No	Discharge of drilling wastes; Discharge from metal refineries; Erosion of natural deposits	
Chlorine (ppm)		2017	[4]	[4]	1.33	ND-1.33	NA	NA	NA	NA	No	Water additive used to control microbes	
Chlorite (ppm)		2017	1	0.8	NA	NA	NA	NA	0.32	0.11-0.32	No	By-product of drinking water disinfection	
Combined Radium (pC	i/L)	2015	5	0	NA	NA	0.5	NA-0.5	NA	NA	No	Erosion of natural deposits	
Fluoride (ppm)		2017	4	4	NA	NA	NA	NA	0.76	0.64–0.76	No	Water additive that promotes strong teeth	
Gross Alpha (pCi/L)		2014	15	0	NA	NA	NA	NA	0.04	+/-0.6-0.04	No	Erosion of natural deposits	
Haloacetic Acids [HAAs (ppb)	i]	2017	60	NA	18	6.1–18	NA	NA	NA	NA	No	By-product of drinking water disinfection	
Nitrate (ppm)		2017	10	10	NA	NA	NA	NA	0.45	ND-0.45	No	Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits	
Radium 228 (pCi/L)		2014	5	0	NA	NA	NA	NA	-0.20	(+/-0.6)0.20	No	Erosion of natural deposits	
TTHMs [Total Trihalomethanes] (ppb)		2017	80	NA	61	14–61	NA	NA	NA	NA	No	By-product of drinking water disinfection	
Total Organic Carbon (ppm)		2017	ΤТ	NA	NA	NA	1.5	ND-1.5	NA	NA	No	Naturally present in the environment	
Turbidity ¹ (NTU)		2017	TT	NA	NA	NA	0.23	ND-0.23	0.16	0.02-0.16	No	Soil runoff	
Turbidity (Lowest monthly percent of samples meeting limit)		2017	TT = 95% of samples meet the limit	NA	NA	NA	100	NA	100	NA	No	Soil runoff	
Tap water samples were collected for lead and copper analyses from sample sites throughout the community.													
SUBSTANCE YEAR AMOUNT DETECTE (UNIT OF MEASURE) SAMPLED AL MCLG (90TH % TILE)								TYPICAL SOURCE					
Copper (ppm)	2017	1.3	1.3	0.062	0/2	20	No C	Corrosion of household plumbing systems; Erosion of natural deposits					
Lead (ppb)	2017	15	0	2.5	1/2	20 No Corrosion of household plumbing systems; Erosion of natural deposits							

SECONDARY SUBSTANCES (LOWELL REGIONAL WATER UTILITY)											
SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	SMCL	MCLG	AMOUNT DETECTED	RANGE LOW-HIGH	VIOLATION	TYPICAL SOURCE				
pH (Units)	2017	6.5-8.5	NA	8.5	7.6–8.5	No	Naturally occurring				

UNREGULATED SUBSTANCES ²									
	Pennichu	ck Water	Lowell Regio	nal Water Utility					
SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	AMOUNT RANGE DETECTED LOW-HIGH		AMOUNT DETECTED	RANGE LOW-HIGH	TYPICAL SOURCE			
Bromodichloromethane (ppb)	2017	NA	NA	2.5	ND-2.5	By-product of drinking water disinfection			
Chloroform (ppb)	2017	NA	NA	24.5	ND-24.5	By-product of drinking water disinfection			
Sodium (ppm)	2017	69	44–69	28.6	ND-28.6	Erosion of natural deposts and road salt			
Sulfate (ppm)	2017	NA	NA	7.0	7.0–7.0	NA			

¹Turbidity is a measure of the cloudiness of the water. It is monitored because it is a good indicator of the effectiveness of the filtration system.

² Unregulated contaminants are those for which the U.S. EPA has not established drinking water standards. The purpose of monitoring unregulated contaminants is to assist the EPA in determining their occurrence in drinking water and whether future regulation is warranted.

Definitions

90th Percentile: Out of every 10 homes sampled, 9 were at or below this level. This number is compared to the Action Level to determine lead and copper compliance.

AL (Action Level): The concentration of a contaminant that, if exceeded, triggers treatment or other requirements that a water system must follow.

LRAA (Locational Running Annual Average): The average of sample analytical results for samples taken at a particular monitoring location during the previous four calendar quarters. Amount Detected values for TTHMs and HAAs are reported as the highest LRAAs.

MCL (Maximum Contaminant Level): The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

MCLG (Maximum Contaminant Level Goal): The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

MRDL (Maximum Residual Disinfectant Level): The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

MRDLG (Maximum Residual Disinfectant Level Goal): The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

NA: Not applicable

ND (Not detected): Indicates that the substance was not found by laboratory analysis.

NTU (Nephelometric Turbidity Units): Measurement of the clarity, or turbidity, of water. Turbidity in excess of 5 NTU is just noticeable to the average person.

pCi/L (picocuries per liter): A measure of radioactivity.

ppb (parts per billion): One part substance per billion parts water (or micrograms per liter).

ppm (parts per million): One part substance per million parts water (or milligrams per liter).

SMCL (Secondary Maximum Contaminant Level): SMCLs are established to regulate the aesthetics of drinking water like appearance, taste and odor.

TT (Treatment Technique): A required process intended to reduce the level of a contaminant in drinking water.